

Date of Birth: Dec 21, 1961

Address: Czyżówek 71/3, 68-120 Iłowa, Poland

Cell: 0048692484669

Education:

2004-2005	Polish Football Association, Warsaw, Poland – Trainer First Class The Polish FA A Coaching Award (UEFA A Diploma)
2000-2001	Academy of Physical Education, Gorzów Wielkopolski, Poland - Post Graduate Studies Board of Physical Culture and Sport, Warsaw, Poland - Sports Manager Certificate
1990-1991	Academy of Physical Education, Cracow, Poland - Post Graduate Studies, Soccer Trainer Second Class
1980-1984	Academy of Physical Education, Gorzów Wielkopolski, Poland - Masters in Physical Education

Employment:

2013-present	Coach Educator and member of Trainers Board at Football Association of Lubuskie Province
2013-present	Physical Preparation Coach at Warszawska Akademia Futbolu
2012-present	Member of the Medical Team at Polish Football Association
2005-present	Physical Preparation Coach of youth groups at Team „Kosa” Konstancin
2010-2012	Physical Preparation Coach at Team KS “Górnik” Polkowice
2007-2008	Coach of Senior’s Group IV League Team Czarni Żagań
1984-present	Physical Educator Teacher - Elementary School in Iłowa, Poland
1998-2003	Manager of Student’s Soccer Club in Iłowa, Poland
2003-2004	Manager of Seniors IV League Team Piast Iłowa
2000-2002	Cooperation with PZPN/Polish Football Association/ in organizing children’s sport camps
1989-1993	Coaching the Province of Zielona Góra representation in football
1976-1986	Soccer Player: Seniors III league Team Promień Żary, Team Wojcieszycze, Team Piast Iłowa

Professional

Development/Certificates:

2010	The international conference "Individualization of sports training" at Gdansk University of Physical Education and Sport- Certificate
2009	The Modern Soccer Symposium held at The Polytechnic Institute in Opole, Poland – Certificate
2004	The “Sports Medicine” V International Symposium held in Cracow, Poland – Certificate
2000	“Medicina Sportiva Practica” Conference Part 2 held at The Technical Laser Centre in Warsaw, Poland -Certificate in Laser Bio-Stimulation in Medical Practice
1999	“Medicina Sportiva Practica” I Educational-Training Conference Rytro - Certificate
*	Polish Football Association Courses, Lubuskie’s Football Association Courses, Polish Basketball Assoc. Courses
*	Recreational Facilities Manager for Youth Course

Achievements/Awards:

2008	Voted by “Gazeta Regional” as “Trainer of the Year 2008” of the Żagań County
2007-2008	Placed 1 st in PZPN Tournaments - Senior League IV, Team Czarni Żagań- advanced after playoffs to League II
2006	Placed 1 st in Province Finals of “Piątek Piłkarskich” Student Games

2003	Placed 2 nd in Province Finals of, "Piłkarska Kadra Czeka" in Słubice
2000	Placed 3 rd in National Finals, "Piłkarska Kadra Czeka" in Słubice
1999	Placed 2 nd in Provincial Finals "UKS Mark Wielgus" Tournament
1999	Placed 1 st in Regional Finals "Piłkarska Kadra Czeka" in Gdańsk
1998	Placed 3 rd in Provincial Finals "UKS Mark Wielgus: Tournament
1993-1989	Lead Zielona Gora's Provincial Team in the Playoffs in the Kuchara Cup to 2 nd place Lead the Team in the Michałowicza Cup to 2 nd place regionally
1992	Indoor Soccer Cup Champions of the Province of Zielona Gora , Placed 7 th in The National Finals in Warsaw, Poland
1991	National Vice-Champions – National Finals „Piątek Piłkarskich" in Warsaw

Skills:

Skilled Communicator

Leader who demonstrates the ability in resolving issues creatively

Interpersonal and organizational aptitude

Strong work ethic

Motivator with great initiative

Sports-testing employing computer programs (Polar Team System 2, Polar 5) for training registration, identifying intensity zones ie. J.A.Żołędź Test, Conconi Test, Bip-Test, HR Max Test, Lactate SCOUT

Experience working in cooperation with Physiology Lab and Orthopaedic Trauma Doctors

Comprehensive guidance and organization of the club, sports team or physical culture associations

Hobbies/Interests:

Reading material in the Disciplines of Physiology, Sports Medicine, Psychology

Travelling, Sports, Cooking

Languages:

Fluent in Polish

Fluent in Russian

Basic Level German

Entry Level English

References Available Upon Request